



Catton Grove Primary School  
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Headteacher: Mrs C Lorne. B Ed Hons

Dear Parent/Guardian,

I hope you are all well.

We are delighted to welcome your child back to school after the summer holidays. One of the subjects your child will learn about is the new Relationships and Sex Education (RSE) curriculum that we are now required to teach. We have combined your child's RSE and PSHE provision into the umbrella term Healthy Bodies, Healthy Minds.

The purpose of RSE, which is part of Healthy Bodies and Healthy Minds at Catton Grove, is to prepare your child to live and learn safely in the modern world, and develop their knowledge, values and skills to make positive, healthy and safe choices. The programme we will be using has been created by Norfolk County Council and meets the needs of all our pupils within an inclusive and supportive learning environment.

All lessons will be taught in a non-judgmental and non-biased manner, to allow your child the opportunity to consider the information and develop their own values, attitudes and opinions about the topic.

We would encourage you to discuss your child's learning at home - **a copy of your child's year group RSE learning can be found in the Healthy Bodies, Healthy Minds section of the website.** This is an opportunity for you to share your family values in relation to the topics, building strong channels of communication about emotions, the human body and relationships with your child.

You may also want to familiarise yourself with the RSE policy, which is on the Catton Grove website and read the 'Top tips for talking to your child' attached.

Please feel free to contact the school if you would like to discuss our programme of relationships and sex education on an individual basis.

Yours sincerely

*C.Shenton*

Miss Shenton

Deputy Headteacher KS2