

Year 2

Week beginning 4th May 2020



The Olympics



This half term, our topic is the **Olympics**.

Below we have included lots of exciting ideas for you to do at home. We are sure, that your creative brains, will think of lots of other exciting, Olympics related, activities to do too!

We will look forward to seeing your work, photos and videos on Class Dojo. Keep an eye on our 'Brilliant Blog' too, we are adding new videos daily! Please message us on Class Dojo, if you have any questions. We are here to help!

Daily Activities

Reading

Use books you have at home, log in to Oxford Owl or play on Teach Your Monster to Read (*remember, your passwords are in your home learning books*).

Mental Maths

Play Times Table Rock Stars/ Numbots/ Hit the Button or ask someone to challenge your adding / multiplication skills

Weekly activities

(Please share on Class Dojo)

Maths

Log on to My Maths and complete the assigned activities (*log in details have been shared on Class Dojo.*)



Usain Bolt holds the Olympic record for the 100 metres. He can run it in just over 9 seconds (9.63)! How far can you run in 9 seconds? Use a timer to time yourself. How can you measure the distance? You could use a tape measure, your feet, arm lengths or strides! Who in your family can run the furthest in this time?

English

Research an inspirational Olympian/ Paralympian

What can you find out about their life? How did they become an Olympian? Why are they inspirational? Did they have to overcome any struggles?

If I were an Olympian, I would be...

Draw a picture of you as an Olympian. What sport would you compete in? How would you train for it? How would you feel representing your country?

Comprehension

Microhabitats - See attachments on the school website.

Science

Pulse experiment

Which activity makes your pulse race the most? Remember to make a prediction first.

Activity	Stand still <i>(resting pulse)</i>	Star jump for 30 seconds	Run on the spot for 30 seconds	Walk for 30 seconds	Sing and do the actions for head, shoulders, knees and toes for 30 seconds
Pulse					



Remember to rest between each activity to make sure it is a fair test.

Use these pictures to help you take your pulse. **TIP:** Count your pulse for 15 seconds (use a timer) and then times by 4. This will tell you how many Beats Per Minute (BPM) your heart is doing.

Topic

History

What are the Olympics?

What are the Olympics? When did they begin? Who could compete in them? When did the modern Olympics begin?

Watch this clip and record what facts you have found out (*you can record this however you like!*)

<https://www.youtube.com/watch?v=jA6Y7gG3OLs>



Art

Design your own Olympic games logo.

This is the logo for the modern Olympic games.



It was designed over 100 years ago. The colour of the rings represent the colours found on the national flags of the countries that competed in the Olympic games at that time. The 5 rings represent the 5 competing continents and they interlock to remind us how we are all connected and can gain strength from each other through sport.

Can you design your own? Can you explain what they represent?

Keeping active

Hold your own running races

Who can run the fastest? The furthest?
Could you record your results?

Joe Wicks

Daily Workouts on Youtube

Train Like an Avenger

Youtube