



BREAKFAST CLUB MENU

Monday



Cereal with semi-skimmed milk.



Wholemeal toast with sugar-free strawberry jam or butter.

A variety of fresh fruit.



Drink: Milk or water.

Tuesday



Cereal with semi-skimmed milk.



Wholemeal toast with sugar-free jam or butter.

A variety of fresh fruit.



Drink: Milk or water.

Wednesday



Cereal with semi-skimmed milk.



Wholemeal toast with sugar-free jam or butter.

A variety of fresh fruit.



Drink: Milk or water.

Thursday



Cereal with semi-skimmed milk.



Wholemeal toast with sugar-free jam or butter.

A variety of fresh fruit.



Drink: Milk or water.

Friday



Cereal with semi-skimmed milk.



Wholemeal toast with sugar-free jam or butter.

A variety of fresh fruit.



Drink: Milk or water.

Cereal options: Wheat Biscuits, Bran flakes or Malt wheats.

Free from and gluten menu available.