

CGPS PSHE/RSE Curriculum Journey

Termly Focuses-

Autumn- Setting behaviour and routine expectations. PANTS, Fire Safety.

Spring-Internet Safety and PANTS, and Oral Hygiene.

Summer- PANTS, sun and water safety.

Next steps

Sex Education:
How do people become parents and carers?

Citizenship:
How can we protect everyone's rights?

Connecting with Others:
What does it mean to stand up for myself and others?

Year 6

Citizenship:
How can we be in control of our money?

Growing Up:
How can I manage the changes to my body and emotions as I grow up?

Staying Safe:
How can I stay safe as I grow up?

The Online World:
How do I feel about the things I see online?

My Healthy Self:
How do my choices today shape my future health?

Citizenship:
How can we make a difference in our communities and beyond?

Connecting with Others:
Why are healthy relationships important?

The Online World:
How am I influenced by what I see online?

Growing Up:
How will my body and emotions change as I grow up?

The Online World:
How should we communicate online?

My Healthy Self:
How can I make healthy choices?

Staying Safe:
How can I stay safe?

Year 4

Year 5

My Healthy Self:
How can I support my mind and body as I grow?

Connecting with Others:
How can we respect each other?

Citizenship:
What rights and responsibilities do we have?

Staying Safe:
What signs help me recognise safe or unsafe?

Citizenship:
What rights and responsibilities do we have?

The Online World:
How should we communicate online?

Connecting with Others:
What helps us feel safe and included?

Year 3

Year 2

Health Protection:
How can I protect myself and others in daily life?

Staying Safe:
How can I stay safe?

Citizenship:
How can I help others and the environment?

Connecting with Others:
How can I help myself and others feel happy and safe?

The Online World:
How do we spend time online?

My Healthy Self:
How can we look after our emotions?

Year 1

Building Relationships-
My Family and Friends

Managing Self-
Taking on challenges

Self Regulation-
My Feelings

Building Relationships-
Special Relationships

Self Regulation-
Listening and following instructions

Managing Self-
My Wellbeing

EYFS

Secondary school

A level

GCSE