

At Catton Grove Primary School, we believe all pupils have a right to receive effective, inclusive and age appropriate Personal Social, Emotional and Relationships, Sex and Health Education that directly meets their needs through regular assessment of children's development and their individual needs. The curriculum enables children to learn about the emotional, social and physical aspects of growing up, relationships and reproduction. By the end of Year 6 we will have provided our children with accurate information and supported them to have positive values and the skills to enjoy healthy, safe and positive relationships, to celebrate their uniqueness and to take responsibility for their health and wellbeing now and in the future.

The curriculum is delivered as a spiral curriculum that enables pupils to build on their prior learning by revisiting some themes to further develop knowledge, values and skills in an age and stage-appropriate manner. As such, some themes are repeated to enable a deeper exploration of the related issues and we take into consideration local, national and international issues to ensure children have an awareness of the world around them. We also provide opportunities for our children to explore a range of career and mental and physical health opportunities through visits and interactions to raise aspirations within our community whilst interacting with individuals and groups who they may reach out to now or in the future for support and guidance.

Through the curriculum the children will be able to manage the challenges and opportunities of modern Britain through the curriculum and develop their understanding of the British Values and our Core Values, which are embedded within our whole school curriculum, whilst becoming active and proactive members of our school, their community and the wider world. Our school is a safe, happy and positive place for all children, staff and visitors where we want every individual to feel safe, happy and positive. We encourage respect, kindness, tolerance and understanding, celebrating similarities and differences as well as promoting well-being throughout our school and community. We work closely with our pastoral team to ensure that our families are able to access support to empower them too.

The curriculum is taught by experienced and skilled teaching staff who are committed to preparing your child to live and learn safely in the modern world, negotiating the transition into increasing independence with the development of knowledge, values and skills to make positive, healthy and safe choices. Our staff receive regular CPD and work collaboratively to provide a rich and fulfilling curriculum to ensure every child makes progress. Our curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health.

With an ever changing society, we are able to provide our children with a strong understanding of the diverse world around them and support them in playing a

positive role in contributing to the school and the wider community. Weaving through the heart of our fortnightly PSHE/RSE teaching, is a commitment to enhancing and promoting our core values and an awareness of being respectful, resilient, honest, determined, confident, co-operative and ambitious.